



Newsletter

**NEWSLETTER 2020/21
TERM 2, WEEK 1**

PRIMARY

The Star of the Week award goes to Pang Nuo Yang from year 4 Respect. Nuo Yang is a quiet and kind member of the class. He is conscientious about his work and duties and is always well prepared for his day ahead. He continuously displays a huge amount of respect towards his teachers and classmates. Nuo Yang is reliable and can be easily called upon at any time during a lesson. Keep up the amazing attitude towards your learning and never stop being a good role model to others. May your learning journey continue to be prosperous.

STAR OF THE WEEK



Pang Nuo Yang



SECONDARY

The Star of the Week award goes to Seow Yen Lyn from year 9 Respect. Being silent may be her nature, but she is a real fighter. She strives hard to learn the unknown and stays focused in achieving her goals. Her helpful nature is admirable. Best of luck for success to be there with her in every walk of life. Dear Yen Lyn, work hard in silence, let success be your voice!

STAR OF THE WEEK



Seow Yen Lyn



Dear Parents/Guardians:

Happy New Year to you and your loved ones! Welcome back to school as we commence Term Two. We trust all of you spent quality time with your family and enjoyed the holiday season together. We welcome the new students this term and we are happy to see them settling in well, making new friends and enjoying their school time.

Thank you for printing off your child's name and year group for display on your dashboard during the 'pick up' and also for cooperating with us on the 'Drop Off and Pick Up' traffic flow. We are doing our best to ease the traffic so that entering and exiting the school premises will be smooth and safe during the drop off and pick up time. Kindly be reminded, next week (11th-15th January) the school will end at 2.30pm for Nursery to Year 9 and 3.30pm for Year 10 and Year 11.

The outbreak of the Covid 19 virus is on an upward trend and, at school, we are closely monitoring the situation for any updates from the Ministry of Health and Education. In the meantime, we will continue to take students' temperatures and frequent hand washing sessions with students will be carried out. We hope parents will cooperate with us to encourage their child to come to school with a mask and if he/she is unwell, please keep them at home.

We value parental input for a child's growth as it's a joint effort between parents and the school. Therefore, please try to attend our coffee mornings, or schedule an appointment to meet the leadership team or the individual teachers. You can also send your concerns to: principal.puchong@rafflesia.edu.my or your child's homeroom email for effective communication.

Thank you for your continued support.

Regards,
Chandra Veerappan



Nursery



Each week Nursery during English lesson students focus on one letter and sound. This week students are focusing on the letter 'O'. They made an owl craft and practised writing a short sentence (O is for Owl).





Reception

During English lesson this week, the children revised all the letters and sounds that they learnt in Term 1 and played a game of Snap!





MATHS

We learned how to count backwards from 70 - 0 in a very fun and exciting way. We are now able to orally count backwards and write numbers backwards in order.



Ka Zen



Sofea



Freya



Maryam



Skyler



Javen



Farashah



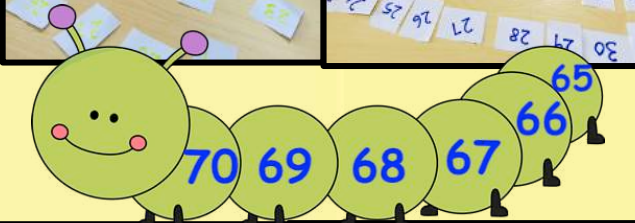
YuMan



Mia



Variesh



Nuo Chen



Adeer



Mikail



This week in our maths lessons, the students learned about measurement. Students learned how to measure using the standard units of measurement.



Find eight objects at home that are shorter than 1 metre in length. Measure each object. Write its name and its length.

Object	Length (in cm)
Mom's workbook	27 cm
A bottle of water	30 cm
A tin of milk powder	16 cm
A jar of sweets	25 cm
A school bag	45 cm
The Posh File	30-50 cm
Magazine	28 cm
A reusable shopping bag	43 cm

Complete these sentences.

The longest object is the school bag.

It measures 45 cm.

The shortest object is the tin of milk powder.

It measures 16 cm.

Dilan



Ethan



Cisy



Eunice



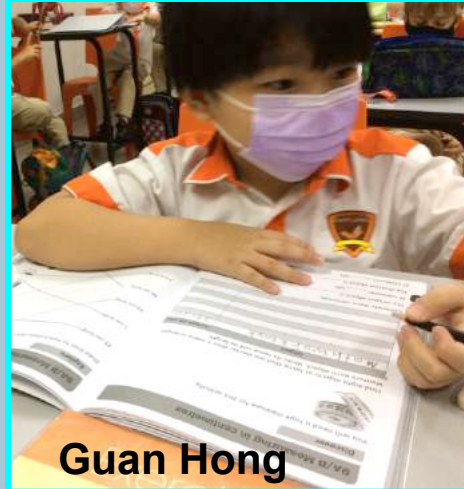
Chen Xuan

9A/B Measuring in centimetres

Explore

Draw lines to match these objects to their length.

Clara

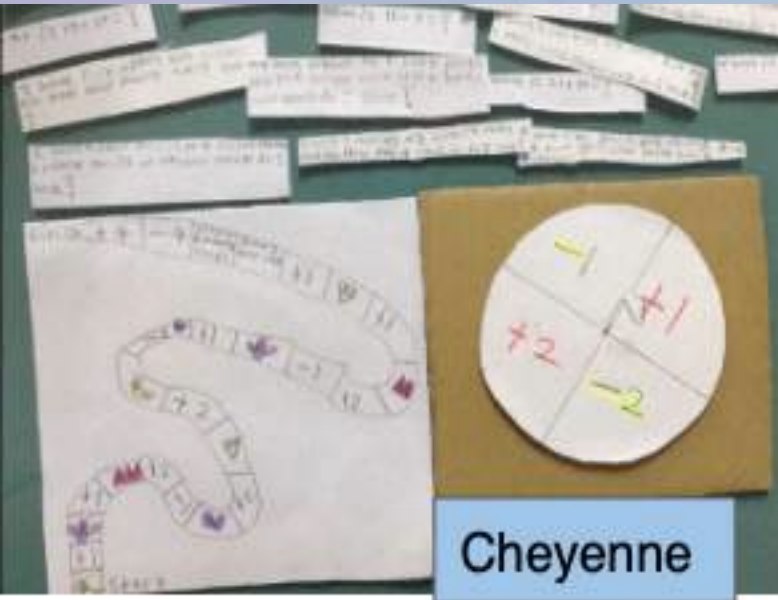


Guan Hong



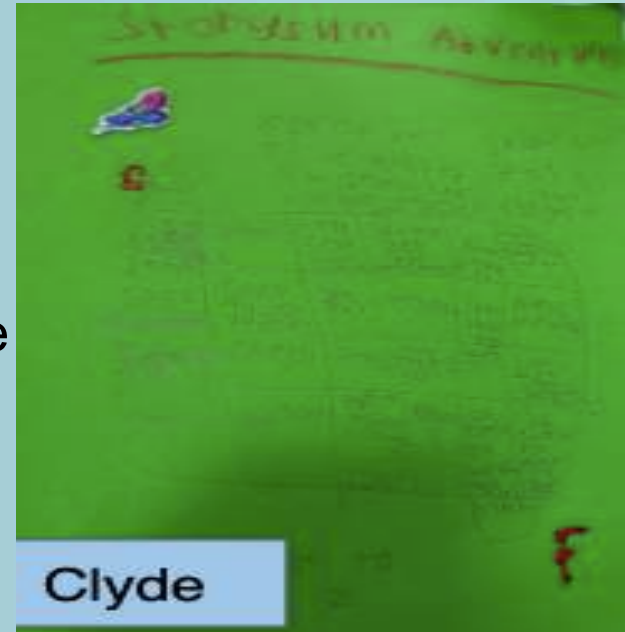
Qi Yuan





Cheyenne

Mathematics -
Students created
their own board
games to help
reinforce and practise
their addition and
subtraction through
word story skills.



Clyde



Carrie Anne



Vidya



Shruthi





Students did a reading activity and listed new words from the text. This practice was to help them improve their Malay vocabulary. They memorised the words for future use.

Baca petikan di bawah. Kemudian, tulis jawapan yang betul.

Jia Jia tinggal di Taman Damai. Pada hari Sabtu yang lalu, Jia Jia dan keluarganya telah bergotong-royong membersihkan halaman rumah mereka.

Ayah Jia Jia. Abang menyapu daun-daun kering. Kakak menyiram pokok bunga. Jia Jia dan adiknya pula mencuci longkang dan mengelap tingkap. Datuk Jia Jia sudah tua, dia berehat di kerusi.

Setelah siap mengemas ruang tamu, ibu dan nenek menyediakan makanan yang sedap untuk mereka. Mereka berasa sungguh gembira kerana halaman rumah mereka menjadi bersih dan cantik.

Kosa Kata

1. tinggal -stay/live
2. membersihkan- clean up
3. halaman rumah-home yard
4. memotong rumput-cut the grass
5. menyapu-sweep
6. daun-daun kering-dry leaves
7. menyiram-watering
8. mencuci longkang-cleaning/washing the drain
9. mengelap tingkap-wipe the window
10. berehat-rest
11. Setelah siap-after finish/after ready
12. mengemas-clean
13. ruang tamu-living room
14. Menyediakan-prepare

Kyra

Baca petikan di bawah. Kemudian, tulis jawapan yang betul.

Jia Jia tinggal di Taman Damai. Pada hari Sabtu yang lalu, Jia Jia dan keluarganya telah bergotong-royong membersihkan halaman rumah mereka.

Ayah Jia Jia memotong rumput. Abang menyapu daun-daun kering. Kakak menyiram pokok bunga. Jia Jia dan adiknya pula mencuci longkang dan mengelap tingkap. Datuk Jia Jia sudah tua, dia berehat di kerusi.

Setelah siap mengemas ruang tamu, ibu dan nenek menyediakan makanan yang sedap untuk mereka. Mereka berasa sungguh gembira kerana halaman rumah mereka menjadi bersih dan cantik.

Kosa Kata

1. tinggal -stay
2. membersihkan- clean up
3. halaman rumah-around house
4. memotong rumput-cut the grass
5. menyapu-sweep
6. daun-daun kering-dry leaves
7. menyiram-watering
8. mencuci longkang-cleaning your drain
9. mengelap tingkap-wiping the window
10. berehat-rest
11. Setelah siap-after finish
12. mengemas-clean
13. ruang tamu-living room
14. Menyediakan-prepare

Wong Jing





Baca petikan di bawah. Kemudian, tulis jawapan yang betul.

Jia Jia **tingga** di Taman Damai. Pada hari Sabtu yang lalu, Jia Jia dan keluarganya telah bergotong-royong **membersihkan halaman rumah** mereka.

Ayah Jia Jia **memotong rumput**. Abang **menyapu daun-daun kering**. Kakak **menyiram** pokok bunga. Jia Jia dan adiknya pula **mencuci longkang** dan **mengelap tingkap**. Datuk Jia Jia sudah tua, dia **berehat** di kerusi.

Setelah siap mengemas ruang tamu, ibu dan nenek **menyediakan** makanan yang sedap untuk mereka. Mereka berasa sungguh gembira kerana halaman rumah mereka menjadi bersih dan cantik.

Kosa Kata

1. tinggal -stay
2. membersihkan- cleaning
3. halaman rumah-home page
4. memotong rumput-cut the grass
5. menyapu-sweeping
6. daun-daun kering-both dry
7. menyiram-watering
8. mencuci longkang-cleaning the drain
9. mengelap tingkap-wiping the window
10. berehat-rest
11. Setelah siap-once ready
12. mengemas-packing
13. ruang tamu-living room
14. Menyediakan-preparing

Yan Tong

Baca petikan di bawah. Kemudian, tulis jawapan yang betul.

Jia Jia **tinggal** di Taman Damai. Pada hari Sabtu yang lalu, Jia Jia dan keluarganya telah bergotong-royong **membersihkan halaman rumah** mereka.

Ayah Jia Jia **memotong rumput**. Abang **menyapu daun-daun kering**. Kakak **menyiram** pokok bunga. Jia Jia dan adiknya pula **mencuci longkang** dan **mengelap tingkap**. Datuk Jia Jia sudah tua, dia **berehat** di kerusi.

Setelah siap mengemas ruang tamu, ibu dan nenek **menyediakan** makanan yang sedap untuk mereka. Mereka berasa sungguh gembira kerana halaman rumah mereka menjadi bersih dan cantik.

Kosa Kata

1. tinggal -stay
2. membersihkan- clean up
3. halaman rumah-home page
4. memotong rumput-cut the grass
5. menyapu-sweep
6. daun-daun kering-dry leaf
7. menyiram-watering
8. Mencuci longkang-washing the drain
9. mengelap-wipe
10. mengelap tingkap-wiping the window
11. Berehat-rest
12. Setelah siap-After finish
13. mengemas-clean
14. ruang tamu-living room
15. Menyediakan-providing

Nuo Yang

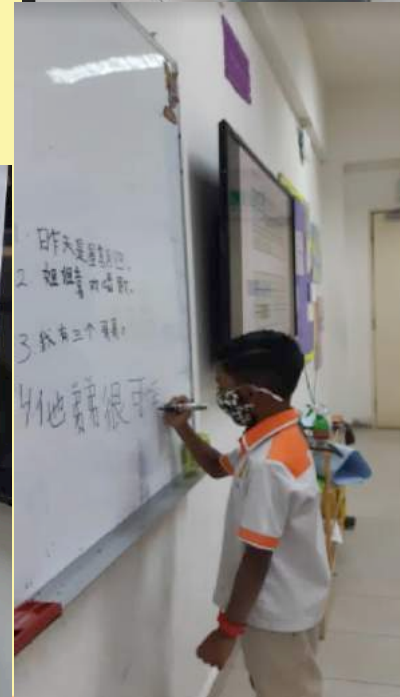


Role Play Session :
My Mother's Birthday
妈妈的生日





During the Mandarin lesson students practised reading, writing and demonstrated their understanding by matching specific words

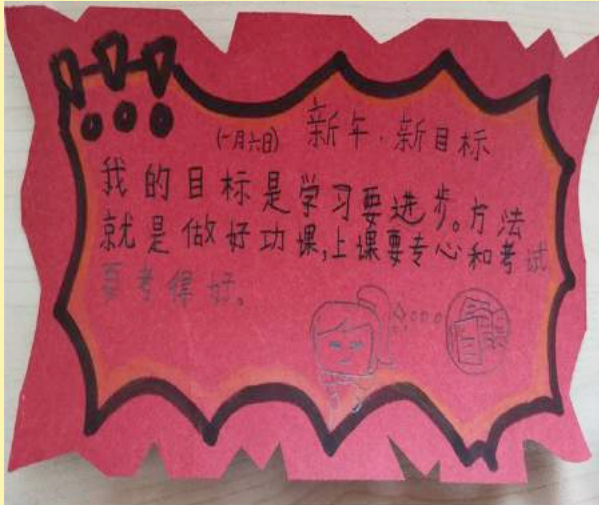




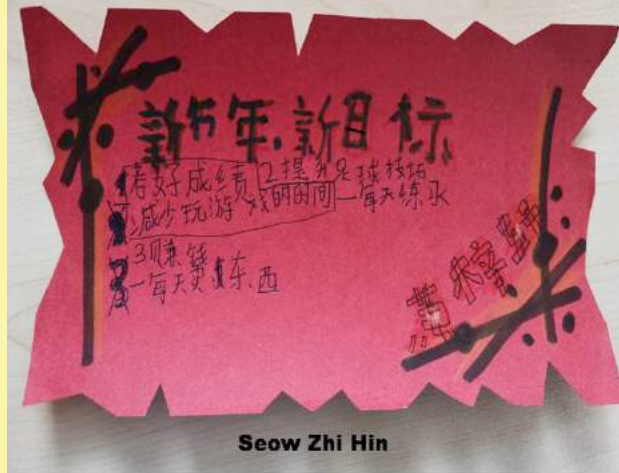
新年·新目标

New Year's Resolutions

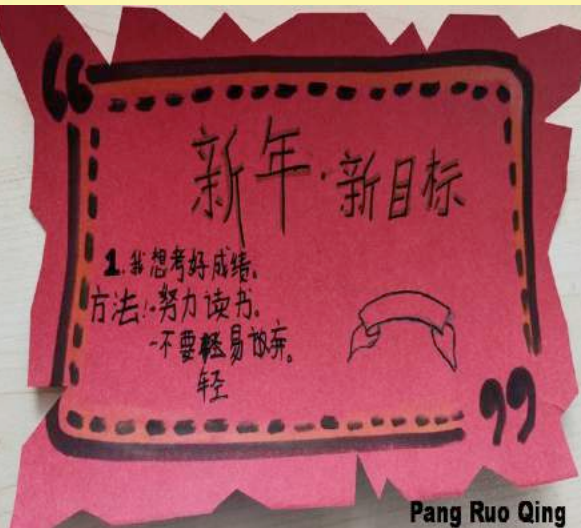
Students set personal goals for the Year 2021. Hope they really work hard to achieve their goals.



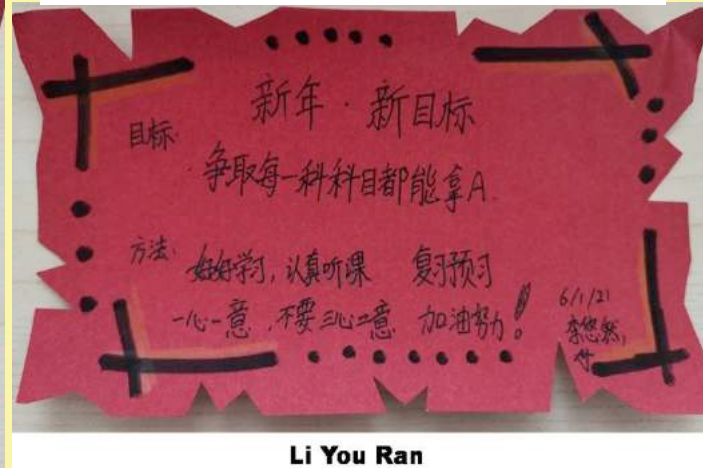
Karina Ngan ZiYu



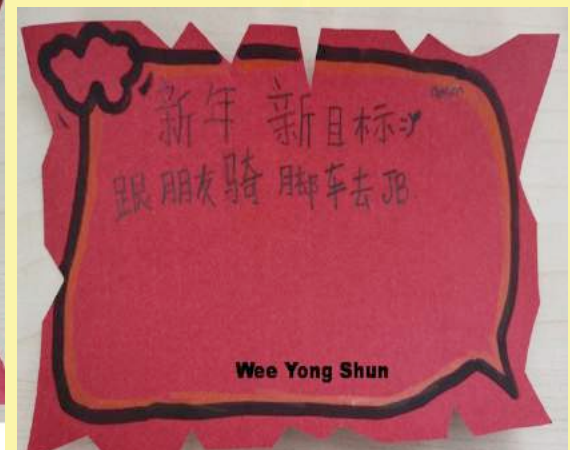
Seow Zhi Hin



Pang Ruo Qing



Li You Ran



Wee Yong Shun



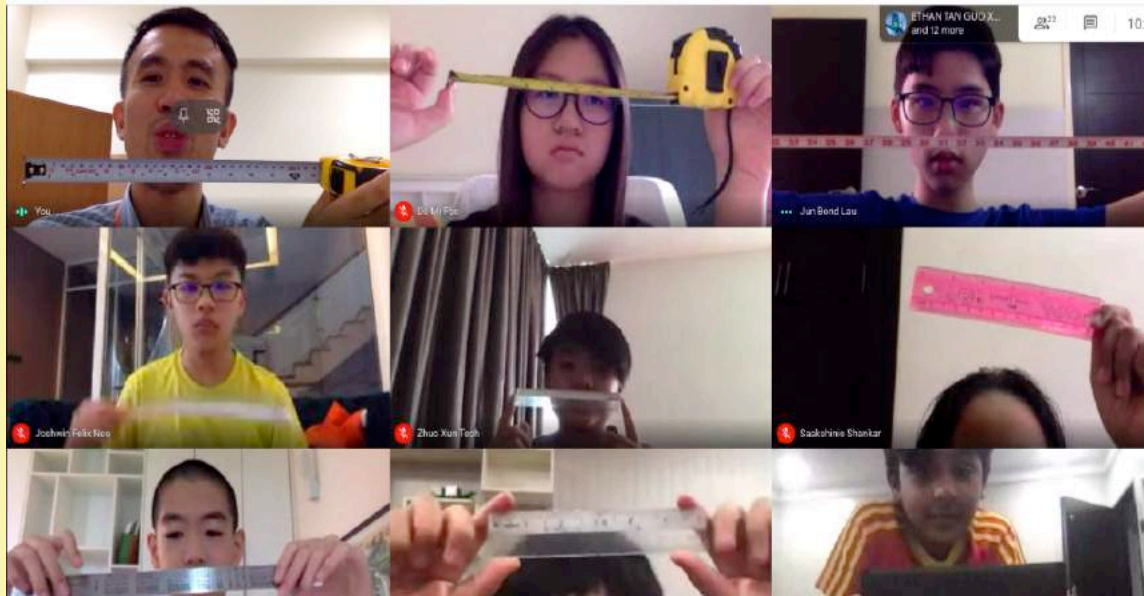
Year 6

Students introduced themselves
in Mandarin





YEAR 7 : Science



OneNote

Time, t (s)	1.65	1.63	1.46	\bar{t} 1.58
Distance, d (cm)	86.5	86.5	86.5	

Average time, $\bar{t} = \frac{1.65 + 1.63 + 1.46}{3}$ s
 $= 1.58$ s

Speed, $u = \frac{86.5 \text{ cm}}{1.58 \text{ s}}$
 $= 54.7 \text{ cm/s}$

It travel 54.7 cm in a second



Students from Year 7 learned the types of base quantities that can be found at home. They were then taught how to measure speeds during an online lesson before the school reopened. They were first introduced to the types of devices that can be used to measure length and then, a timer they managed to find at home. The speed of a moving object can be calculated by taking the ratio of distance to time.



YEAR 8: Maths

Measures and motion
Hodder (pg 18)

① Length

1 km (Kilometre) = 1000 m (metre)

prefix 1000 unit of measurement

1 cm (centimetre) = 10 mm (millimetre)

1000 100 10

1 km 1 m cm mm

1000,000 = 1×10^6

④ Volume

Volume = base \times width \times height.

Volume = $3m \times 1m \times 2m = 6m^3$

$= 300cm \times 100cm \times 200cm = 6 \times 10^6 cm^3$

$1m^3 = (100cm)^3 = (100cm)(100cm)(100cm)$

$= 1 \times 10^6 cm^3$

③ Area

Area = base \times height

2cm = 20mm
4cm = 40mm

Area = $2cm \times 4cm = 8cm^2$

$= 800 mm^2$

1cm = 10mm

$1cm^2 = (10mm)^2 = 100mm^2$

$(2u)^2 = 4u^2$

Collins and Hodder

Collins	Hodder
1	1
2	2
3	3
4	4
...	5
...	6
...	...
36	27

Relationship

- ① One-to-one
- ② one-to-many
- ③ Many-to-one

The Year 8 pupils this week learned how to convert units with different prefixes. Students then learned how to use mapping as learned during the online learning to find the correlation between their Collins and Hodder workbook.

YEAR 9

ENGLISH: Students are studying English through the theme of “The modern world”. This week they produced leaflets on internet safety.

About the Internet

For countless people across the globe, the Internet has opened up a new future. The Internet helps individuals to increase the quality of their lives. It can be helpful, but it may also be very harmful. Your next nightmare could be various hackers and cyber bullies.



The don'ts for internet safety.

1. Never ever post your personal information online
2. Don't post sensitive photos online
3. Don't trust anyone unless its a friend you know
4. Don't click on suspicious links
5. Try to avoid free WiFi in public areas



Safety.

After learning about the dark side of the internet, you are able to browse happily and freely and remember to inform your parents if anything seems suspicious before you enter a website.

Hope you browse safely and happily!



by Lakshman

THE INTERNET

The internet is a treacherous and perilous place, brimming with menace and danger. Cyberbullying, cyber predators, phishing, scammers, hackers, child groomers are all possible threats users of the internet may encounter. These dangers are all renowned and prominent in the virtual world and still have not been permanently eradicated until this day. However, preventions of this ample number of perils is possible invented to avert these depressing occurrences from happening. A list of all the means of preventions are all listed on the left of this passage.

The most common Internet danger is cyberbullying. For your information, Cyberbullying has become increasingly common, especially among teenagers, as technology has continued to become more advanced. Did you know? The vast majority of teens see cyberbullying as an actual threat. Social media and online games are where much of cyberbullying happens. The best way to protect your child against cyber bullying is to talk comfortably with them in real-life and teach them how to stand up to bullies.



INTERNET SAFETY

- Don't spend too much time on the internet, cell phones and texting.
- Don't upload any inappropriate pictures online because your future may lie on the hands of whatever you've posted online.
- Don't ignore elucidating the dangers of providing personal information to your children.
- Don't post a picture of someone else because it might create embarrassment.
- Don't publish your mobile number online because it may lead to some frustrating and severe consequences.
- Don't publish your location online or you might get stalked or be in grave danger.
- Don't simply write comments on social media because it might affect your future.
- Don't ignore presence of what is out there on the internet and what it can lead to.
- Don't ever think to not tell your parents who you are chatting with on the internet to prevent cyberbullying, stalking and scamming.
- Don't ever post personal information on social media.
- Don't use social media when your parents or guardians are not with you because you can ask them if you are unsure of something.

BY: LIEW CHENG JIUN



THE PARENTS' ROLE

If you ask me, a parent's role, overall, is to ensure the safety of their children, especially online. With the rapid advances in information and communications technology, the only way this can be achieved is through vigilance. Talking openly with your child about their online activity is a good way in making sure your child isn't facing any issue nor problems online.

Parents must always monitor your child's time online, particularly younger children. Keeping the computer in a central spot at home where it's easy to keep an eye on what your child is doing and viewing online.

It's also a parent's job to educate your child with the ways to be safe on social networks. Teach them how to and when to:

- Report inappropriate and/or offensive posts
- Block someone
- Keep information private.



INTERNET

SAFETY BY COHERN



The internet can be a dangerous place and sharing your personal information online is probably the worst thing someone can possibly do. Posting a picture of someone with evil intent might bring embarrassment for the victim. There are too many teens who share and post information online without thinking about how it could affect themselves as well as other people.

Many parents do not actually know what their child is doing online. Kids and teenagers do not voluntarily tell their parents what is happening online. So, the role of the parent is to monitor what their child does and explain to them what the dangers are in doing certain things. The only way they can do this is by looking at what their child is doing with their own bare eyes when the technology is currently rapidly advancing. The parent should be aware of what their child is posting on the internet for others to see as well as what they are actually seeing for themselves.



These are a few things that kids and teens shouldn't do when accessing the internet:

- Don't share your mobile phone number online
- Don't post a picture of someone else online
- Don't post inappropriate pictures online
- Don't share any form of personal information
- Don't post embarrassing images
- Don't keep secrets from your parents
- Don't forget that future employers may look at your networking profile



Internet Safety

People, including children and adults, use the internet very often nowadays. Therefore, people may get addicted and do crazy things when they are suffering from anxiety or depression. In this leaflet, some tips will be given on how to prevent the danger of cyberbullying and why these tips are useful for both adults and children.

Cyberbullying can occur on :



Instagram



Youtube



Facebook



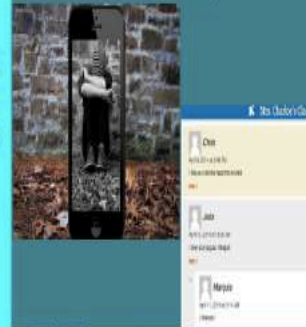
Twitter

How to prevent Cyberbullying and why?

- Control yourself when using social media. By doing that, you should only spend about one to two hours on the internet, or else you may get addicted to social media.
- Think twice before uploading pictures, comments and videos. As you grow older, trying to apply for a job, your boss may check your pictures, comments and videos to see whether they are appropriate. If they are inappropriate, it is unlikely that you will be hired for any of the jobs.
- Parents need to explain the danger of cyberbullying to their children. If children do not know what is out there in the cyberland, they will simply post embarrassing pictures and videos to all the viewers. This is how some people may get anxiety and they will hurt themselves after reading hurtful feedback from the viewer.
- Instead of posting pictures about yourself, do not post embarrassing pictures of someone else because it can cause harassment and

embarrassment to them.

- Never post your personal information, address and phone number on social media or else someone may stalk or bully you.
- Parents must know who their children are chatting with on social media to prevent cyberbullying and stalking.
- Parents or supervisors must supervise their children when they are using social media, so that they will not create any dilemmas.



by Yee Yao





This week, students learnt about Health and Diseases. They presented their understanding of healthy and unhealthy lifestyles.

Junk Food **VS** Healthy Food

GRACE LEE ERN HUA

Healthy & unhealthy foods

Example of healthy foods:

- Fruits
- Vegetables
- Grains (cereal)
- Milk, yoghurt, cheese

Why do we need to eat healthy food?

We eat healthy food to keep our body healthy. It also helps us to maintain a healthy weight. Eating healthy food will also decrease the risk of getting diseases. We also need healthy food to protect our body.

Example of unhealthy foods:

- Chips
- Candy
- Chocolate
- Doughnut
- Burgers

Why must we avoid unhealthy food?

We can eat unhealthy food like junk food sometimes but not everyday because it will damage your health and might lead to diseases like cancer and etc.. You will also gain lots of weight.

Healthy **VS** Unhealthy Lifestyle

ZHOU JIACHENG

Common junk foods include: candy, carbonated drinks

The protein content in junk food is very low, and nutrient intake will be relatively reduced. Unhealthy lifestyle can lead to obesity and many diseases.

A balanced diet and moderate exercise are very important for people. Eating vegetables and fruits can keep you fit and healthy. By eating right and exercising frequently, one can lead a healthy life.



HEALTHY VS UNHEALTHY

Healthy eating
Exercise every day
Have adequate sleep time



Stay at home all the time
Eat junk food every day
Sleep late every day

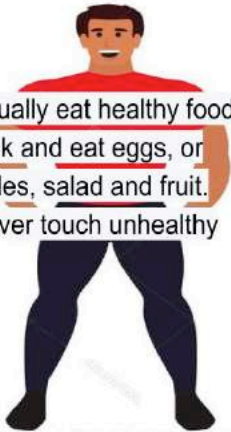


MEGAPIXL

Download from megapixel.com/81702512



They usually eat healthy food, drink milk and eat eggs, or vegetables, salad and fruit. They never touch unhealthy food.



They live on fast food, like hamburgers, fried chicken and fries and they don't like drinking water instead they usually drink carbonated drinks.



HEALTHY AND UNHEALTHY DIET

MEGAPIXL

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WANG ZIRUI

What is healthy?

Why is being healthy important?

What is healthy food?

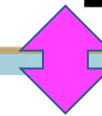
Healthy is being in a good physical or mental condition.

Being healthy is important for everyone. If you are not healthy, you will fall ill easily. Being healthy should be part of your overall lifestyle. Living a healthy lifestyle can help prevent chronic diseases and long-term illnesses. Feeling good about yourself and taking care of your health are important for your self-esteem and self-image. Maintain a healthy lifestyle by doing what is right for your body.

Fruits, vegetables and meat are examples of healthy food.

Example of food

1. Fruits: apples, oranges, strawberries, blueberries
2. Vegetables: carrots, broccoli, cucumbers, tomatoes
3. Meat: fish, chicken



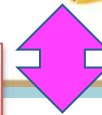
What is unhealthy?

What is unhealthy food?

Unhealthy means not being in a state of good or normal health; in an unsound, weak, or morbid condition, symptomatic of or resulting from bad health.

Examples of unhealthy food/drinks:

1. Junk food: burger, pizza, popcorn
2. Sugar: lollipop, m&m, chocolates
3. Soft drink: Coca-cola, Bubble milk tea, 100 plus



SEOW YEN LYN

This is healthy



If you are healthy,
You will not get sick.
You will have a lot of energy.
You will not be lazy to do anything.

This is unhealthy

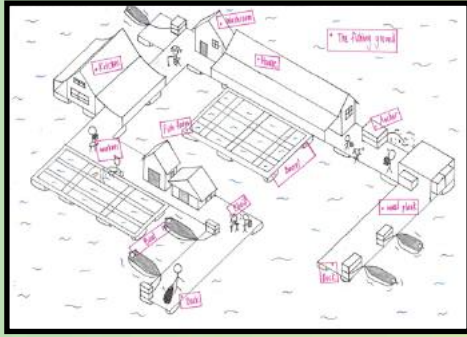


If you are not healthy,
You will get sick easily.
You will get very fat.
You will become lazy.

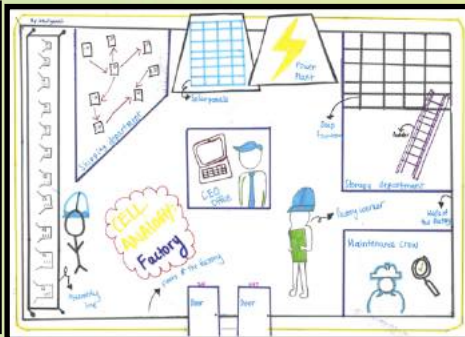


Year 10: Biology

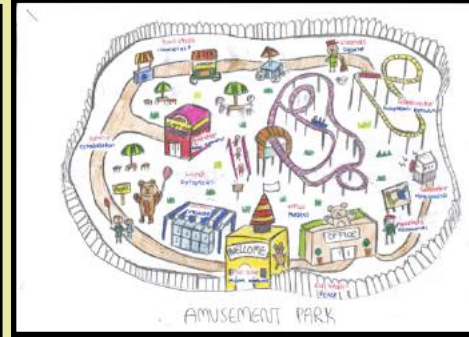
Kaylyn Lee Jing Chun



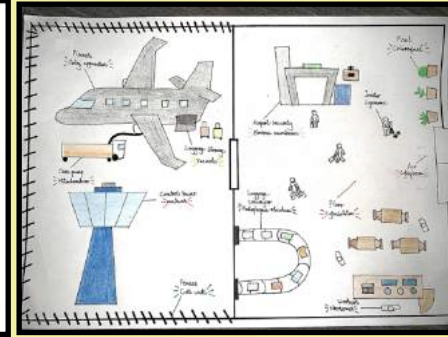
Khalyaanii Thinagaran



April Yeoh Pei Ann

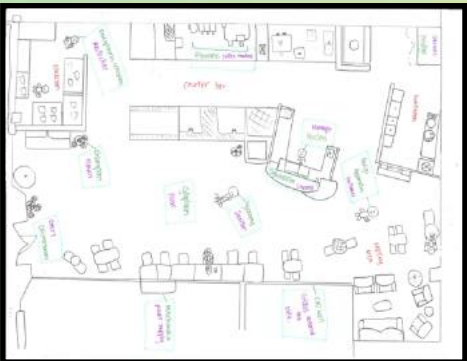


Pei Shuan Jessely

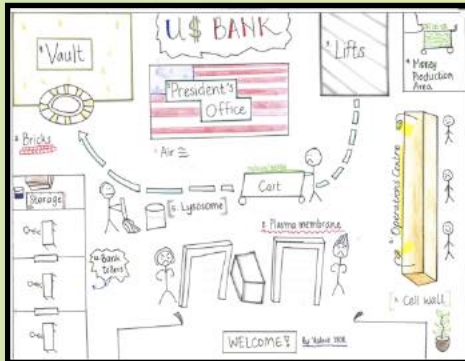


The cell is the microscopic building block of most living organisms. Biology students learned about the parts of a cell and how they function, but it can be difficult to imagine how a cell really works. A useful way to gain a deeper understanding of what goes on inside a cell is to compare it with familiar objects and places in everyday life. A cell analogy project requires a real-life place or object in place of a cell that describes how the place's or object's components are like those of a cell.

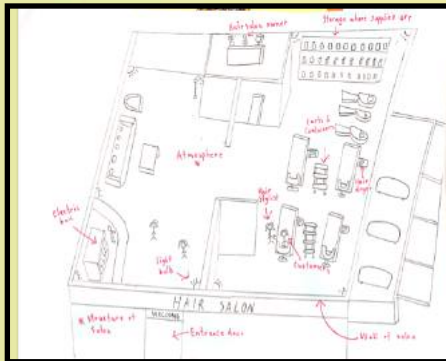
Tiffany Woo Yan Tong



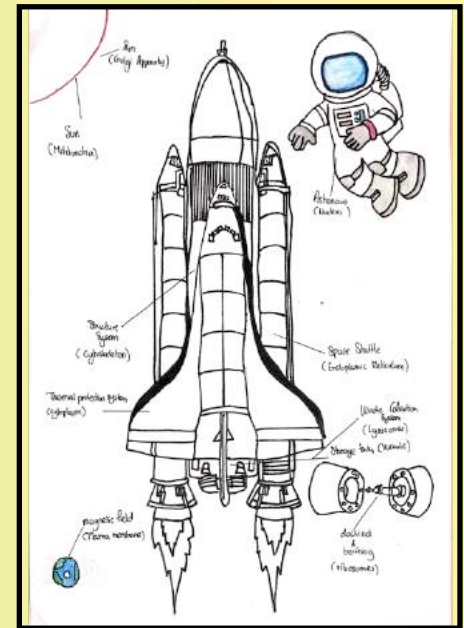
Valerie Tai



Wong Xin Ru



Adriana Syasya Binti Abdul Rahim





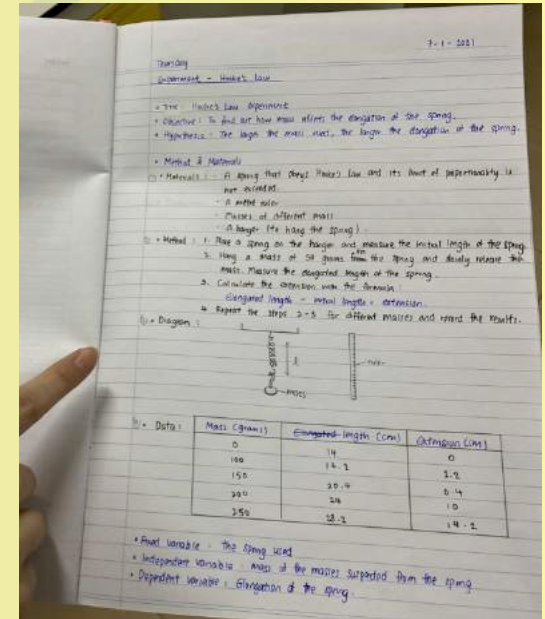
YEAR 11: PHYSICS

Joey Wong

Aidan



Jiang Qi



Mass (grams)	Extended length (cm)	Extension (cm)
0	14	0
100	14.2	0.2
150	14.4	0.4
200	14.6	0.6
250	14.8	0.8

The physics laboratory was very busy once the school reopened. All Year 11 students finally got to have a hands-on practical session this week. It was intended to prepare students for the upcoming IGCSE Paper 6 mock exam.



Bryan Ong



Arvind

Pastoral Care Article :16 Personality Model

Analysts



Architect



Logician



Commander



Debater

Diplomats



Advocate



Mediator



Protagonist



Campaigner

The 16 Personality test is the most reliable character test in the world with 349,997,298 test takers so far. Their model incorporates the latest advances in psychometric research, combining time-tested concepts with robust and highly accurate testing techniques.

Sentinels



Logistician



Defender



Executive



Consul

Link to the FREE TEST: <http://bit.ly/16Personalitiesfreetest>

Explorers



Virtuoso



Adventurer



Entrepreneur

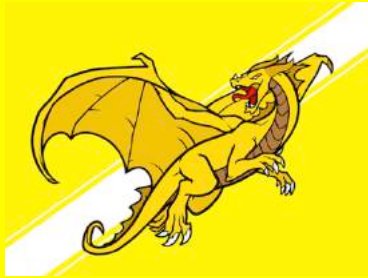


Entertainer

Sport House Points

Total: 2359

Merit Points for
the week: 15



Total: 3029

Merit Points for
the week: 32



Total: 1941

Merit Points for
the week: 34



Total: 2266

Merit Points for
the week: 14

