

## **Rafflesia International School, Puchong**

NEWSLETTER 2020/21 TERM 2, WEEK 12

STAR OF THE WEEK

He YuXuan

# Newsletter

#### PRIMARY

The Star of Week award goes to He YuXuan from year 5 Respect. She has made tremendous progress in her English class, and she is putting a lot of effort into improving her vocabulary and finding resources to improve her written work. She is keen to learn the meaning of new words. She is enjoying the current topic of non fiction - biographies and using different sources to gather information. Keep it up! We all wish you a great learning journey ahead!

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## **SECONDARY**

The Star of Week award goes to Lai Kah Lok from year 10 Respect. In ICT, Kah Lok has been actively engaged in class discussions. He demonstrates a good understanding of the topics, discusses them readily in class and submits work on time. Also, in both economics and business studies, he has shown significant improvement in his studies this term and displays a positive attitude towards learning. He puts effort into completing work given and often contributes to class discussions with valuable ideas. During science lessons, he strives to push his boundaries and develop his scientific knowledge. This has been reflected in his significant progress in the end of term examination. We all wish him a great learning journey ahead!





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Dear Parents / Guardians;

What a great week this has been at Rafflesia International School - both students and teachers have been filled with an awesome spirit and have been participating in exciting lessons in the classrooms! Please remember to join us for the Exit Point on the 1st April. Unfortunately, we still have to go virtually this round too. Nevertheless, the Early Years and Primary students are busy preparing their presentations and making some pre-recordings of videos to be showcased for the Exit Point. I was amazed at the quality of some of the displays done by the students. There was creativity in abundance and confident presentations by the learners.

I was pleased to see many parents who attended our recent Secondary Coffee Morning and your participation in school activities helps make us a vibrant school community. On the other hand, the exam classes are fully immersed into guided revision mode and attempting as many as past year papers they can before the actual examinations. This is a great way for students to get some extra practice. I will be looking into the possibility of having a physical meeting session in Term 3 with parents of IGCSE students, to brief them on the examination procedures. Most importantly, I would like to inform you how you can support your child to stay positive and motivated in the face of exams.

Term Two is rapidly drawing to a close as we enter its penultimate week. This is a very busy time of the year as teachers are preparing reports for the PTC's. As mentioned during our Coffee Morning meetings, please do email to principal.puchong@rafflesia.edu.my or call us to fix an appointment to discuss your child's academic and overall progress. The PTC appointments can be fixed from 5th to 8th April.

I want to thank all of our parents and guardians who have been communicating with us about students who do not feel well, keeping them at home when they are sick or letting us know of any situations related to current pandemic. These actions really help mitigate the effects on our students, teachers and staff. Thank you.

Regards, Ms.Chandra Veerappan









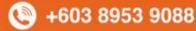




Children matched the picture with the right letters according to the fruits' names in Bahasa Malaysia.

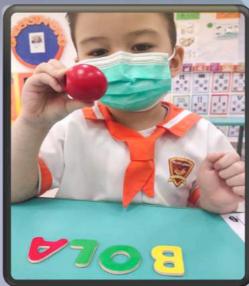












Reception





Children make words with the right spelling according to the objects' names in Bahasa Malaysia.











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Students are practising spellings (听写) in the Mandarin lesson.







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BE

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Students are learning the names of fruits in their Mandarin lesson.

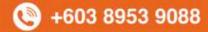
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榴梿

西瓜

木瓜



RE





The Generation

Game

Students have been focusing on strategies to improve their research skills. They researched toys and games children had 100 or more years ago. After researching, the students compiled the results of their research in poster form.



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We have been learning all about the rainforests in IPC and why it is so important to stop deforestation. Help us make that change. The rainforests are the lungs of our planet and they are of great importance to our everyday lives. Please help us say NO to deforestation.



YEAR 4R

Endangered Species

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Wong Jing

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## TRADITIONAL VALUES • GLOBAL VISION Rafflesia Year 4R - IPC Layers of the rainforest



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## Year 5: English

Non Fiction - Biographies This week we have been reading biographies of people and learning what a biography includes and how is it different from an autobiography. The students had to choose a person and find out relevant information about them.

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## The lady of the United States

Tan Qi Bing

## -Her hometown.

Mary Todd Lincoln is the wife of Abraham Lincoln and is the First Lady in the United States and she is known as 'The lady of the United States'. She was born in Lexington, Kentucky, United States during December 13, 1818.

## Thinknoodles

Thinknoodles is a YouTuber that plays games,Vloggs,etc. He was born on May 30 1977 in Texas. His school is currently unknown.Thinknoodles is a YouTuber, he started in December 2011. He started small but got bigger as time flew by.

## Characteristics and achievements

Thinknoodles is kind, loyal and an overall nice guy. He achieved the silver play button at 100,000 subscribers and the golden play button at 1,000,000 subscribers. He's fun and funny, he does game challenges, so he is quite challenging.

## Abraham Lincoln

The 16th American president and a statesman and lawyer. Until his assassination, He led America through civil war then finally civilizing the U.S. economy. Lincoln has been remembered as the "Great Emancipator" because he worked to end slavery in the United States, But sadly was assassinated Hemeindraa a/l Saravanakumar

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He, YuXuan





## TRADITIONAL VALUES • GLOBAL VISION **Jear6 R (English)**

The following words were part of the year six spelling test for the week: amplify, beautify, classify, disqualify, fortify, identify, justify, magnify, simplify, testify. While learning about these words in a Nearpod course, the students had to create sentences of their own in which they used two of the words in one sentence. Below are some examples of what they managed to make.

- She wants to amplify and beautify her good qualities. (Katelyn Eliana Ng)
- He will amplify the terrain to beautify the landscape. (Jarvis Tadhg Crompton)
- He was disqualified because he did not classify his data. (Karina Ngan ZiYu)
- He classified the words correctly and did not get disqualified. (Ho Zu Yao)







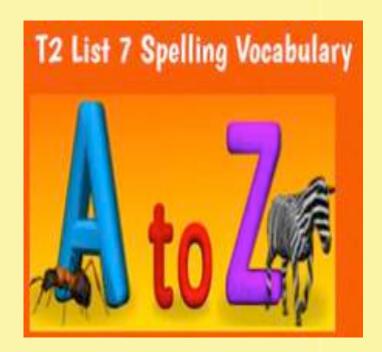




## YEAR6 R (ENGLISH)

- The ones that are not classified are disqualified. (Pang Ruo Qing)
- They couldn't classify or disqualify the team. (Thoo Qi Ming)
- The identified scientists were kept in a fortified castle to keep them safe. (Li You Ran)
- The words justify and magnify sound alike. (Puteri Alayna Sophia Wafa Binti Khairuddin)
- They need to justify the witness' proof. (Eishal Zahraa Binti Faizal)













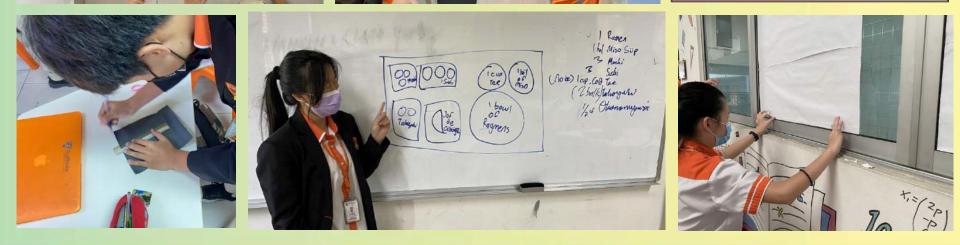
During Bahasa Malaysia lesson, students learnt about daily routines at school and school life. They did a slideshow presentation on a school event.







Mathematics help solve problems. Students learned about mensuration, Venn diagrams and enlargement skills in preparation for international day on 9th April.





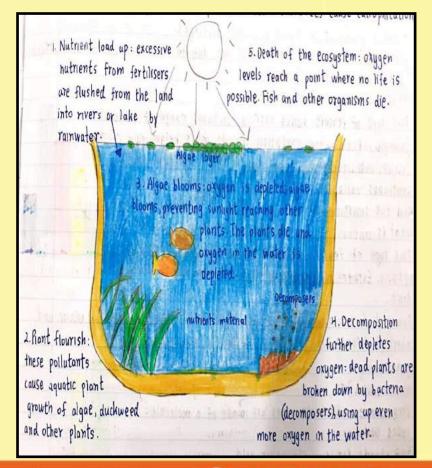






This project models a real world scenario about an ecological issue: eutrophication, which results in bodies of water that are depleted of oxygen and are in a sense "dead". The goal of the project is that the students become aware of a real ecological issue and how humans can inadvertently create damage to the natural environment. The students were also researched and learnt about the far reaching effects of this issue and how we can work to prevent it.

phosphates and nitrates in these s	e washed into rivers, streams and lakes. The nutrients, ubstances cause eutrophication.
·nutrient load up:	5. Death of ecosystem: oxygen levels
excessive nutrients from fertilisers	reach a point where no life is possib
are flushed from the land into rivers	
ar lakes by rainwater.	nutrient algae blooms, preventing sun light
2. plants nourish:	reaching other plants. The plants die and ongen in the water is depleted.
these pollutants cause aquatic	"Jui in the water is depicted,
plant growth of algae, duckweed and other plants.	A Decomposition further depletes oxygen: dead plants are broken by bacteria (decomposers), using up even more oxygen in the water.



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	I. Nutrient 10ad up: Excessive nutrients from ferstillser and flushed from the land into rivers or take by rain water. Algae layer 3. algae blooms, oxygen is algae blooms, preventing s 2. Plant flourish: These pollutants cause aquatic plant growth of algae, duckweed and other plants.	unlight e plants die 4. Decomposition further in the water depletes oxygen : dead
<ul> <li>Algae blooms, oxygen</li> <li>Algae blooms, oxygen</li> <li>Death of the</li> <li>is depleted: algae blooms, ecosystem: oxygen level</li> <li>preventing scunlight reaching</li> <li>reach a point where no lite</li> <li>other plants. The plants</li> <li>die and oxygen in</li> <li>coter is depleted</li> <li>organisms die</li> <li>and plants are</li> <li>Plushed from</li> <li>land into rivers</li> <li>or lakes by</li> <li>rainwater.</li> <li>OPants flourish: These pollutants cause</li> <li>aquotic plant growth of algae, ductweed and</li> </ul>	of algae, duckweed and other plants. Algae blooms, oxygen	Bestandown of the ecosystem: oxygen levels reach a point where no life is Possible Bestandown of the where no life is possible Bestandown of decomposers decomposers huttient material broken down broken down

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## **TRADITIONAL VALUES • GLOBAL VISION** Rafflesia YEAR 10 ECONOMICS

Understanding trade unions and their roles was the topic in economics last week. Students started by exploring the meaning of trade union, followed by finding out about trade union organisations in Malaysia and finally, students discussed the roles of trade unions.

is a lack of flexibility.	
Unit 14- Trade Unions	Trade union: an organization that helps protect the rights and interests of its worker memory.
Trade Union: Is an organisation which aims to protect the interests of its workers members. I. e. their terms and conditions of employment, including pay. Examples of Irade Unions in Malavisia - Malavian Technical Services Union (MTSU)	Citer Corms & conditions, pay)
	Trade unions in Malaysia: - National Union of the Teaching Profession (NUTP) - protects tradined. - National Urision of Plantation Norkisi (NUPN) - protect plantation worked - The National Union of Bank Employees (NUPE)
The cement Indistry Employees Union (#CIEU)	- The Electrical Industry Morkes Union
<ul> <li>Malay Forst Officers Union (IMFOU)</li> <li>Union of Ferevery employees of Jacabak (OFES)</li> </ul>	Prevent burn from being discriminated by: - Working hours
	- Horking conditions
	- Pay
The mile of trade unions in the economy	Edes of a trade union
managaming with employees for por rises and better terms and conditions	Bargaining with employees for pay rises and better terms and conditions
Ensuring equipment at work is safe to we and that workers are given saturat training to enable them to peform their rule at work safely.	ensure there's sufe equipment that the workers know how to use
training to Enoble Trent to percent include	ensure members are given legal advice when needed supporting members who were made redundant
Hensuring members are given legal advice when necessary	providing financial and legal support to workers breaked unfairly.
+ Giving support to workers who may have been unfairly diminised or display	pessialing governments to pass legislations.
ale of trade unions in the economy	- hops employed in the number of teaching properties - their members must be from the same ministry, department or economic Private Sector union: (Telebors Berhad Employee Union) In house union:
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	- Malageian mode union congress - Congress of anions of timping as in the Public and civil service
le them to perform their role at work safely.	- Malaycian Employers Federation.
members are given legal advice when necessary.	rate of trade unions"
financial and legal support to morkers who may have been unfairly .	dismissed . Peupments at work are safe to use and workers have enough training the process they are given tools advice.
	interes wents working supports to members when they are made redundant.
g the government to pass legislation in tarour or workers, such as m	isition negris berling out of mancial and legal support to workers who may have b ipined. rsuading the government to pass registation in favour of we
	reing hours, pension rights, retirement age etc.

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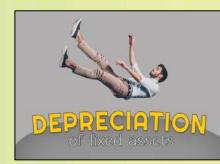
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Rafflesia INTERNATIONAL & PRIVATE SCHOOLS UCCAR 10 & 11: ACCOUNTING

YEAR 10 STARTED OF NEW CHAPTER ON UNDERSTANDING AND LEARNING TO CALCULATE THE THE THREE TYPES OF DEPRECIATION METHODS OF NON-CURRENT ASSETS. STUDENTS LEARNT TO RELATE THE IMPORTANCE OF AN ASSET'S VALUE AND REVALUED AFTER THE PERIOD OF TIME IT HAS BEEN USED.



Year 11 students are engaged in revision for the upcoming IGCSE examination. Students demonstrated their understanding of how to calculate 3-methods of DEPRECIATION of non-current assets which affects the accounting system of a company.



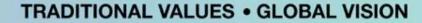
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After weeks of sitting at home, not practising their Taekwondo moves, the primary students are eager to get back into the action again.













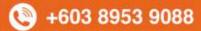








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The prefects have been working hard to prepare the prefects' board and the secondary board. As part of our team building and leadership training, we have been given time constraints and we needed to make decisions promptly and effectively to make it happen. We have put a lot of effort into making the boards inspiring and informative. The boards represent the prefects' community and show our motto **"We are the change"**.







"Alone we can do so little: loge ther we can do so much "

Helen Keller

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## Pastoral Care Article: Stress & Anxiety

Most people experience stress and anxiety from time to time. Stress is any demand placed on your brain or physical body. People can report feeling stressed when multiple competing demands are placed on them. The feeling of being stressed can be triggered by an event that makes you feel frustrated or nervous. Anxiety is a feeling of fear, worry, or unease. It can be a reaction to stress, or it can occur in people who are unable to identify significant stressors in their life.

However, if stress and anxiety begin interfering with your daily life, it may indicate a more serious issue. If you are avoiding situations due to irrational fears, constantly worrying, or experiencing severe anxiety about a traumatic event weeks after it happened, it may be time to seek help. In this week's article we are looking at the symptoms of stress and anxiety. Next week, we will cover ways to cope with them.

Source: https://www.healthline.com & The National Institutes of Health (NIH)-USA

## Is it stress or anxiety?

### Stress

- Generally is a response to an external cause, such as taking a big test or arguing with a friend.
- Goes away once the situation is resolved.
- Can be positive or negative. For example, it may inspire you to meet a deadline, or it may cause you to lose sleep.

### Both Stress and Anxiety

Both stress and anxiety can affect your mind and body. You may experience symptoms such as:

- Excessive worry
- Uneasiness
- Tension
- Headaches or body pain
- High blood pressure
- Loss of sleep



## Anxiety

 Generally is *internal*, meaning it's your reaction to stress.

> Usually involves a persistent feeling of apprehension or dread that doesn't go away, and that interferes with how you live your life.

 Is constant, even if there is no immediate threat.

