



Newsletter

2021/22: Term 1 Week 6

★ ★ ★
Primary ★ ★ ★
★ ★ ★
STAR OF THE WEEK ★ ★ ★



Tan Qi Yuan

The Star of the Week Award goes to Tan Qi Yuan from Year 3 Respect. Qi Yuan always shows up prepared, organised and motivated to make the best out of online learning sessions. He readily grasps new concepts and ideas during the lessons. He has also actively and meaningfully contributes to class discussions during the lessons. He stays on task with little supervision and exceeds expectations with the quality of his work. We all wish him a great journey ahead and well done!



Newsletter

Secondary

STAR OF THE WEEK



Khalyaanii a/p Thinagaran

The Star of the Week goes to Khalyaanii a/p Thinagaran from Year 11 Respect. In ICT, Khalyaanii has been a good participant in the class discussions. She actively discusses the topics and asks if she has any doubts. She is also very good at guiding her friends on the tasks given. In her Moral Studies class, Khalyaanii consistently produces work that is detailed and issues dealing with ethics are tackled in a thoughtful and mature fashion. In science class, she also made an in-depth bibliography video about the contribution of Marie Curie. Her passion and striving for perfection explains why she has improved the most among her peers in physics class within a week. In chemistry, she had proposed great practical solutions which have industrial application. We all wish her a great learning journey and well done!

Dear Parents /Guardians;

The year continues to challenge us all with so many uncertainty, we are constantly monitoring the situation to ensure that the school community are in an environment where they feel safe, healthy and happy. We are glad many of our 12 to 16 years old students have received their first vaccination dose and we would like to thank the parents for being patient throughout the whole process.

This week, the early years and primary students are busy preparing for their Exit Point which will take place next Friday 15/10/20. We do hope to see many of you virtually, just as the students are looking forward to showcasing their projects. Your attendance will encourage their learning process and I am very sure you will be proud of their achievements as much as we are.

The secondary students on the other hand are very much engaged with their learning journey. Our year 10 and 11 students will soon be returning to school on the 18th October. We are looking forward to welcoming them as the teachers are eagerly wanting to have face to face classes for better understanding and exam preparation on the part of the students..

We have conducted interviews as part of the selection of prefects. Those who have been selected are currently on a probationary period. We have put in place a few activities as part of their leadership training and to further equip them with skills and experience. In addition, we have also interviewed for the Leadership Committee for the 21/22 Prefectorial Board. The students are selected after a process of presentations and interviews. You will find those appointed in the following slides. We wish them all the best in their new roles as the students' representatives.

The best way to help with improving academic performance is to be involved. I would like to thank those who attended the virtual Coffee Morning this week and do hope to see more parents in the upcoming ones.

Thank you for your continuous support. Stay home, stay safe.

Ms. Chandra Veerappan

Head of Prefects' Board
Liew Cheng Jiun



Deputy Head
Lau Cui Shi



Secretary
Nik Nur Anisa Binti
Nik Ahmad



Journalist
Joylyvia Ling Ai Ern



Logistics
Khow Jin Xen



Head of Prefect's Message

Firstly, as the newly elected Head of Prefect, I would like to wish all of you a wonderful academic year ahead. Honestly, when I received the news that I was chosen as the Head of Prefect. I was in disbelief, I was speechless, and I did not know how to react. I will not disappoint the people that gave me this opportunity. I vow to give my utmost effort to collaborate with my team and make the school and the prefects' board a positive environment for everyone. Through this message, I would also like to thank all my teachers and our respected principal, Miss Chandra, for giving me this opportunity to be a Head Prefect. Thank you!

Liew Cheng Jiun

Prefects' leadership Committee's Message

We, the prefects' committee hope to bring a friendly and positive environment to the school community and do the best we can to make sure that students can have fun while learning. The entire prefects' committee would like to wish the IGCSE students a very warm welcome back to school on the 18th of October. Also, we wish all of the students attending online classes a smooth learning journey.

It has been a difficult year for everyone as online learning does come with its restrictions, but our learning journey continues. Although Google Meet may not be the same as physical learning, we all have to put in the effort to make the experience as similar as possible.

We hope that everyone is coping well with online lessons and that all of us are able to stay home and stay safe. We hope to see most of you in school soon!

Nursery

Creative Role Play

This activity helps students to know how to put their shoes on the right feet. This activity also encourages students to put shoes on independently without assistance.



Ryan



Pei Ying



LeeMaine



Krishwin

TRADITIONAL VALUES • GLOBAL VISION

Reception

Creative Role Play

The Reception students learnt how to wash their hands following the six hand washing steps, as well as why and when they should wash their hands. They've become the new germ busters!!



Syarafana



Kafie



Harraz



Maruti



Emir






Year 1


Unit: Subtraction


We used different strategies to do subtractions by:


- Taking away with counters
- Finding the difference
- Counting back on a number line

Alexander

 $4 - 2 = 2$

 $4 - 3 = 1$

 $7 - 1 = 6$

 $3 - 2 = 1$

Mia Wong


 $4 - 2 = 2$


 $4 - 3 = 1$


 $7 - 1 = 6$


 $3 - 2 = 1$

Soohyeon

 $4 - 2 = 2$

 $4 - 3 = 1$

 $7 - 1 = 6$

 $3 - 2 = 1$



HongFei

 $6 - 1 = 5$

 $7 - 5 = 2$

 $5 - 3 = 2$

 $6 - 4 = 2$

Haseena

 $6 - 1 = 5$

 $7 - 5 = 2$

 $5 - 3 = 2$

 $6 - 4 = 2$

Khayla Lim

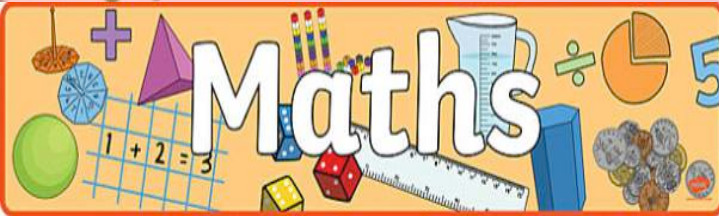
 $4 - 3 = 1$

4 cakes 3 are eaten 1 is left


4 take away 3 is

$4 - 3 = 1$

Year 1



Ray




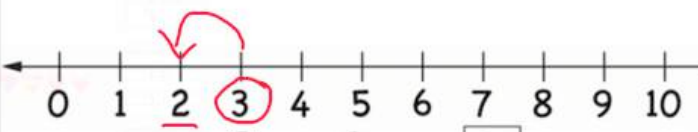
6 cakes 4 are eaten 2 are left

6 take away 4 is

$$6 - 4 = \boxed{2}$$

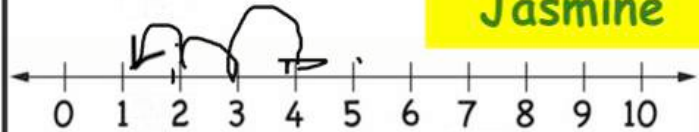
Isa Soon




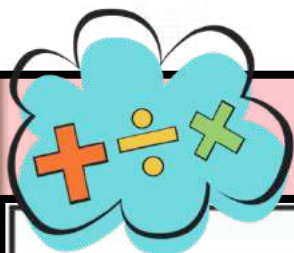
$$5 - 2 = \boxed{3}$$


$$3 - 1 = \boxed{2}$$

Jasmine





$$4 - 3 = \boxed{1}$$


$$6 - 3 = \boxed{3}$$


1 2 3 4 5 6 7 8 9 0 1 2 3 4 5


Dora




$$7 - 2 = \boxed{5}$$


$$6 - 2 = \boxed{4}$$

Jili

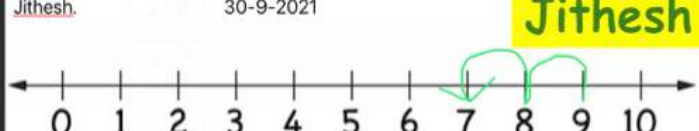


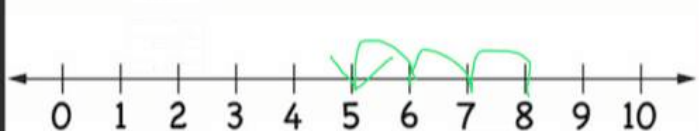
$$7 - 2 = \boxed{5}$$


$$6 - 2 = \boxed{4}$$

Jithesh

Jithesh. 30-9-2021



$$9 - 2 = \boxed{7}$$


$$8 - 3 = \boxed{5}$$



UNIT: MULTIPLICATION AND DIVISION
We used different strategies to do multiplication by:
grouping
repeated addition

Thursday 30/9/2021

$4 \times 2 = 8$ $4 + 4 = 8$	$9 \times 2 = 18$ $2 + 2 + 2 + 2 + 2 + 2 + 2 + 2 + 2 = 18$
$5 \times 5 = 25$	$3 \times 5 = 15$
$5 + 5 + 5 + 5 + 5 = 25$	$5 + 5 + 5 = 15$
$10 \times 2 = 20$ $10 + 10 = 20$	$4 \times 5 = 20$ $5 + 5 + 5 + 5 = 20$

MIKAIL

Wednesday 29/9/2021 Skyler

lo: I can count by 2's 5's and 10's to show the timestable

$4 \times 2 = 8$ $2 + 2 + 2 + 2 = 8$	$9 \times 2 = 18$ $2 + 2 + 2 + 2 + 2 + 2 + 2 + 2 + 2 = 18$
$5 \times 5 = 25$ $5 + 5 + 5 + 5 + 5 = 25$	$3 \times 5 = 15$ $5 + 5 + 5 = 15$
$2 \times 10 = 20$ $10 + 10 = 20$	$4 \times 10 = 40$ $10 + 10 + 10 + 10 = 40$






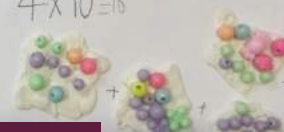
SKYLER

VARIESH







Thursday 29/9/2021

$4 \times 2 = 8$ $2 + 2 + 2 + 2 = 8$	$4 \times 2 = 8$ $2 + 2 + 2 + 2 = 8$
$5 \times 5 = 25$ $5 + 5 + 5 + 5 + 5 = 25$	$3 \times 5 = 15$ $5 + 5 + 5 = 15$
$10 \times 2 = 20$ $10 + 10 = 20$	$4 \times 5 = 20$ $5 + 5 + 5 + 5 = 20$



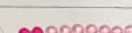




$4 \times 2 = 8$ 	$9 \times 2 = 18$ 
$5 \times 5 = 25$ 	$3 \times 5 = 15$ 
$2 \times 10 = 20$ 	$4 \times 10 = 40$ 

FREYA

$4 \times 2 = 8$  $2+2+2+2=8$	$9 \times 2 = 18$  $2+2+2+2+2+2+2+2+2=18$
$5 \times 5 = 25$  5	$3 \times 5 = 15$  5 $5+5+5=15$
$2 \times 10 = 20$  $10+10=20$	$4 \times 5 = 20$  $5+5+5+5=20$

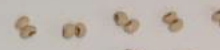
KAZEN

$4 \times 2 = 8$  $2+2+2+2=8$	$9 \times 2 = 18$  $2+2+2+2+2+2+2+2+2=18$
$5 \times 5 = 25$ 	$3 \times 5 = 15$ 
$10 \times 2 = 20$ 	



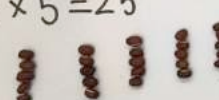


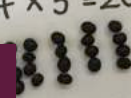
MIA LEE

$4 \times 2 = 8$ 	$9 \times 2 = 18$ 
$5 \times 5 = 25$ 	$3 \times 5 = 15$ 
$2 \times 10 = 20$ 	$4 \times 10 = 40$ 

MARYAM

$4 \times 2 = 8$  $2+2+2+2=8$	$9 \times 2 = 18$  $2+2+2+2+2+2+2+2+2=18$
$5 \times 5 = 25$  $5+5+5+5+5=25$	$3 \times 5 = 15$  $5+5+5=15$
$2 \times 10 = 20$  $10+10=20$	$4 \times 10 = 40$  $10+10+10+10=40$

ARSHMIEKA

$4 \times 2 = 8$ 	$9 \times 2 = 18$ 
$5 \times 5 = 25$ 	$3 \times 5 = 15$ 
$10 \times 2 = 20$ 	$4 \times 5 = 20$ 

ZI YING

YEAR 3 : English



Hubert



Hayley



Qi Yuan

Students were asked to create a sad house and a happy house from the story "The House That Was Sad". They described events in the story that led to a happy ending.



Yan Xiang

Dilan





Tsui Sen Hei

For Unit 2, Beautiful Bugs, students were asked to draw a bug or insect that they find interesting in a cute way. This is to encourage students to not be afraid of insects and bugs.



Shruthi



Clyde Andre Tubig



Carrie Anne



Wong Hong Sheng

ICT: Document For a Purpose

Annabel Aw

Annabel Aw

No.	Names	food	Photo	drinks
1	Xin yuan	hotdog		water
2	Kyra	dominos		milkshakes
3	Yan tong	Vegetable salad		Water
4	Wong jing	pasta		Peach spark juice
5	Alsa	Ice cream		water

Names	Food	Image	Drink	Photo/Image
Jimmy	Nasi Lemak		Apple or Orange Juice	
Nuo Yang	Pizza		Boba	

No	Name	Hobby	game	color
1	Xin yuan	Roasting people	Roblox/Minecraft	yellow
2	.Annabel	Singing	Roblox/tt/Minecraft	pink
	Wong jing	Making Tik tok videos	Roblox/ta ca life	pink
	Tristan	Making Docs	minecraft/roblox	pink
	Nuo Yang	Playing games	Pvp games	Green or blue

My best friends
Forever

Best friends

- Xin yuan-reliable, kind, very kind, funny
- Kyra-smart, friendly, reliable, tall
- Wong Jing (Jess) -nice, smart, cool, talented
- YanTong-nice, protective, strong, fast
- Alsa(My sister)-funny, annoying(sometimes), nice, crazy

- Nikki(kind)
- Siow Chen Xuan
- Hugo
- Ch'ng Kaize
- Kayang
- Kaize Sister
- Jack(Online not IRL)
- Ethan(online not IRL)
- Katt(online not IRL)
- Megan(Online not IRL)
- Alexo(Online not IRL)
- Larry(online not IRL)
- Deniz(Online not IRL)
- Burdagul(Online not IRL)

Sheng Lok

Students learnt document formatting skills which involves arranging the way a document is laid out on the page and the way it looks and is visually organised. They were also able to apply their knowledge in font selection, font size and presentation, spacing, margins, alignment, columns, indentations, and lists.

ICT: Control Devices & Flow Charts

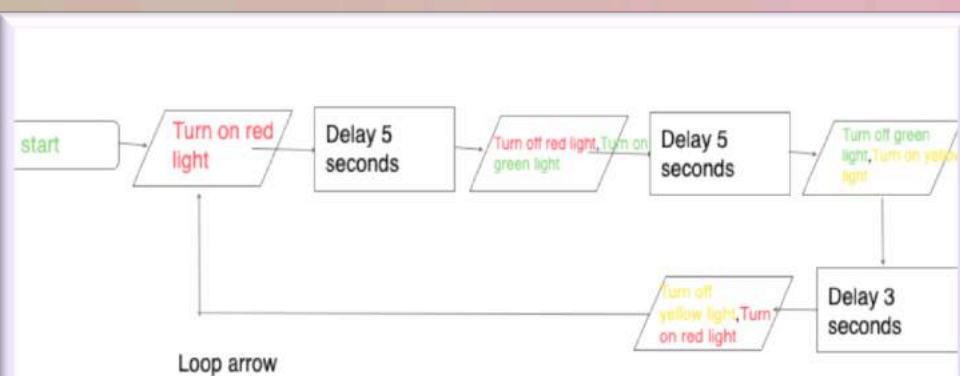
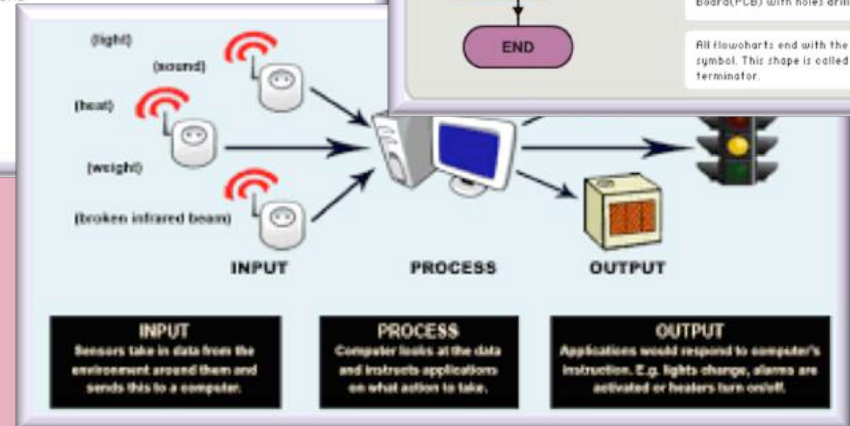
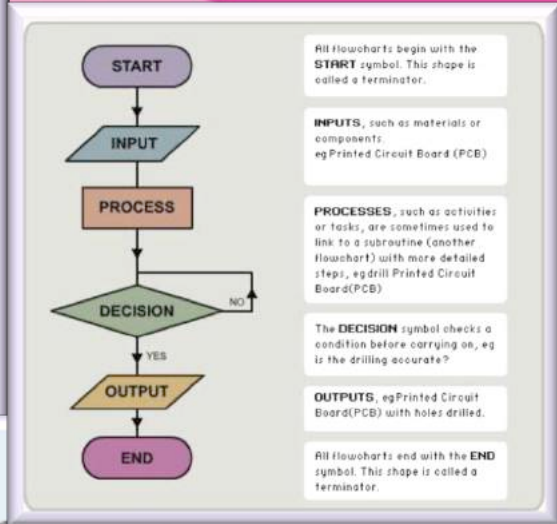
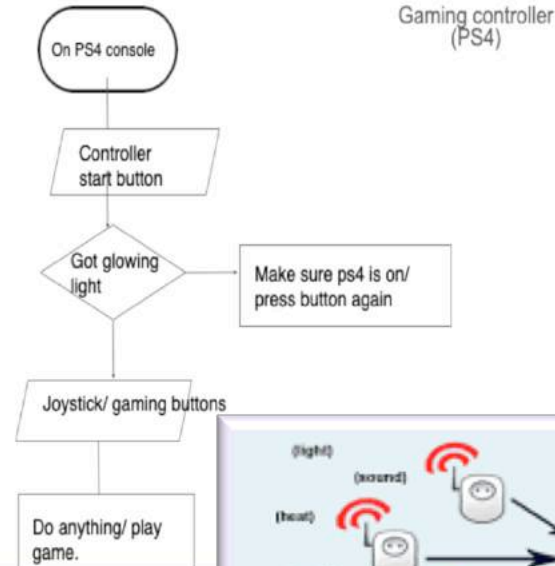
Control devices 01

keyboard
Input: control key
Processor: decision making circuit
Output: type, video game commands, ETC

Control devices 02

Gaming controller
Input: gaming joystick or buttons
Processor: Motherboard
Output: video game actions, video game

Flow chart

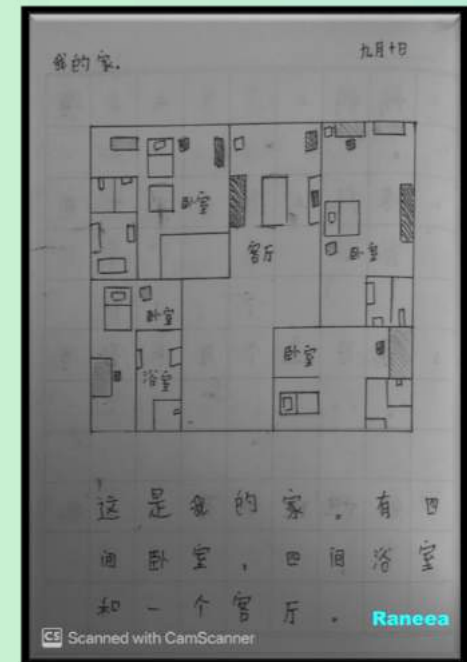
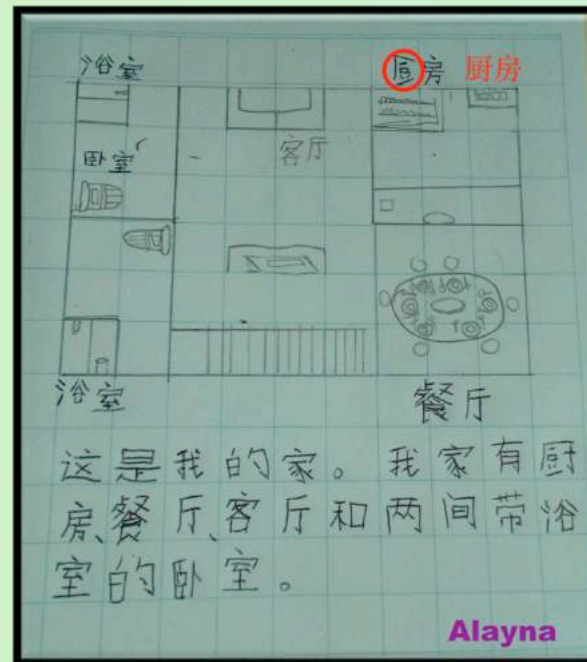
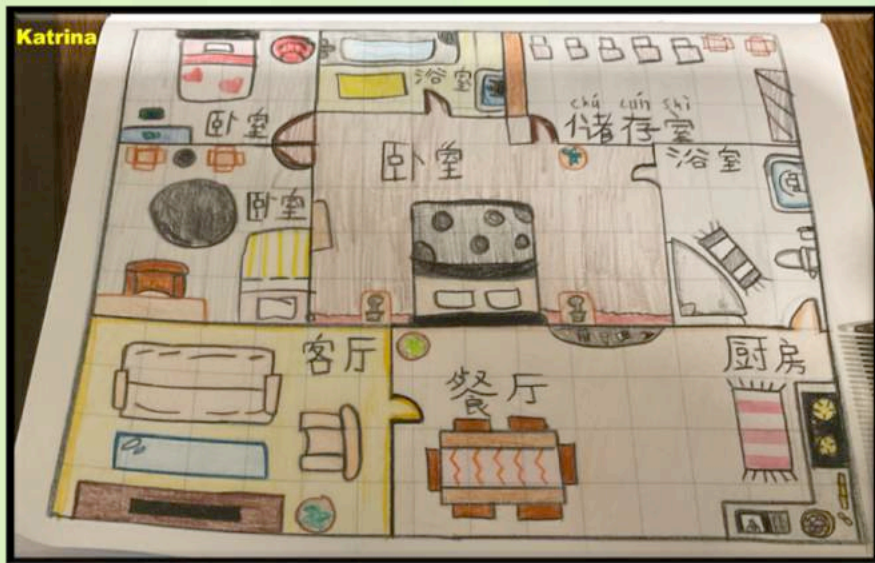


Hemeindraa A/L Saravanakumar

Students learn to identify the input devices, process and output devices of their chosen control devices. They produce a flowchart which is a diagram that shows an overview of a programme. Flowcharts normally use standard symbols to represent the different types of instructions.



During Basic Mandarin lesson, students labelled the rooms of a house and described their house.



Year 8 : Malay

Students began their essay with the word “tiba-tiba”... Students wrote an essay using their own imaginations. This essay writing will help the students to improve their creativity and emotional development.

Hari itu hari Selasa, cuaca cukup sejuk kerana saya tidak mandi. Pada pagi itu saya bersarapan dengan keluarga saya di meja makan. Selepas itu emak saya mengajak saya menemaninya ke pasar pagi. Semasa kami menuju ke pasar pagi, saya ternampak sebuah lori kontena menuju dengan laju.

Tiba-tiba, sebuah bas dari belakang kami hilang kawalan. Saya menolak ibu saya, tetapi tidak ada cukup masa untuk saya melarikan diri. Sebelum saya mengetahuinya, penglihatan saya menjadi hitam.

Saya bangun dengan sakit kepala yang mengerikan dan semuanya sakit. Namun, entah bagaimana sepertinya saya tidak mengalami kecederaan besar. Saya masih berada di tempat yang sama. Bukankah saya akan dibawa ke hospital setelah saya terkena? Sepertinya beberapa jam juga telah berlalu. Ibu saya juga tidak bersama saya. Sebenarnya, tidak ada yang bersama saya ... itu yang berasa sangat pelik. Saya berdiri dan badan saya mula sakit, tetapi bukan itu yang saya bimbangkan. Di mana semua orang? Pasar kelihatan sangat kosong.

Saya bergegas mengambil rampas telefon bimbit dari poket saya tetapi nampaknya patah dari kesan bas. Saya menghela nafas dan membuangnya. Mungkin saya akan berjalan pulang..

Keseluruhan jalan pulang kosong. Saya sama sekali tidak melihat siapa-siapa, sama ada berjalan-jalan, di dalam kereta mereka atau secara umum. Saya semakin risau, tapi mungkin saya terlalu memikirkan perkara. Saya cuba untuk tidak membiarkannya sampai kepada saya dan pulang ke rumah. Semasa saya tiba di rumah, saya menyedari bahawa kunci saya ada pada ibu dan bukannya saya sendiri. Saya mengintip ke dalam tingkap rumah saya untuk melihat siapakah yang apakah ada orang di ruang tamu, yang saya dapati tidak

ada. Nasib saya, tingkap tidak terkunci. Saya naik melalui tingkap. "Ada orang di rumah?" Saya menjerit. Tidak ada tindak balas.

Saya cuba memanggil ayah, ibu dan adik-beradik saya menggunakan telefon rumah tetapi tidak ada yang mengangkatnya. Adakah saya satu-satunya di sini? Yang tinggal di dunia ini? Saya mula teresak-esak. Saya berlari keluar rumah, dan saya tidak berhenti. Saya berlari dan berlari dan berlari sehingga kaki saya akhirnya mengalah. Saya kembali ke pasar. Saya hanya terus menangis. Tiba-tiba, saya terdengar bunyi enjin. Lebih khusus lagi, enjin bas. Saya melihat ke belakang, dan saya betul. Bas yang sama yang membawa saya ke keadaan ini. Saya tidak bersusah payah keluar dari jalan. Saya tidak mempunyai apa-apa yang tersisa untuk hilang, bukan?

Saya bangun di tempat yang tidak dikenali. Baunya seperti hospital. Semuanya sakit lagi, tetapi sekarang lebih teruk lagi. Tetapi ketika saya melihat ke sisi saya, kesakitan saya tidak menjadi masalah lagi. Saya melihat orang. Seorang doktor, seorang jururawat. Lebih penting lagi, keluarga saya. Saya kembali.

by: Pearl Diya Anoop

Hari itu hari Selasa, cuaca cukup sejuk kerana saya tidak mandi. Pada pagi itu saya bersarapan dengan keluarga saya di meja makan. Selepas itu emak saya mengajak saya menemaninya ke pasar pagi. Semasa kami menuju ke pasar pagi, saya ternampak sebuah lori kontena menuju dengan laju.

Tiba-tiba, yang lori kontena merempuh lampu isyarat. Kami juga merempuh lori kontena kerana ibu saya tidak dapat melakukan brek tepat pada waktunya. Pada masa itu saya tidak sedarkan diri tetapi saya masih boleh mendengar. Saya mendengar siren polis dan siren ambulans. Pada awalnya tidak begitu kuat tetapi seiring berjalannya waktu, suara itu semakin kuat.

Selepas itu, saya mendengar seseorang berkata "bawa wanita itu terlebih dahulu dia kehilangan terlalu banyak darah." Kemudian saya peingsan. Semasa saya bangun, saya berada di katil hospital dan saya melihat ayah saya tetapi bukan ibu saya. Saya dengan cepat bertanya kepada ayah saya di mana ibu saya. Ayah saya berkata, "Dia ada di bilik operasi." Saya terkejut dan gugup tetapi kemudian doktor datang kepada kami dan memberitahu bahawa ibu saya baik-baik saja tetapi sukar baginya untuk berjalan. Saya sedikit sedih dan lega pada masa yang sama.

by: Lai Jia Qi

Hari itu hari Selasa, cuaca cukup sejuk kerana saya tidak mandi. Pada pagi itu saya bersarapan dengan keluarga saya di meja makan. Selepas itu emak saya mengajak saya menemaninya ke pasar pagi. Semasa kami menuju ke pasar pagi, saya ternampak sebuah lori kontena menuju dengan laju.

Tiba-tiba, saya melihat sebuah kereta lain dan pemandunya memandu dengan laju. Kereta dan Lori memandu dengan laju. Lori melanggar kereta itu. Lori itu terbalik dan kereta itu terempuh. Nasib baik pemandu itu tidak mengalami kecederaan. Selepas beberapa minit polis dan ambulans datang ke tempat kejadian. Polis mengajukan banyak soalan kepada kedua-dua pemandu. Tangan pemandu mengalami kecederaan ringan.

Kedua-dua pemandu sangat sedih dan kecewamarah kerana kenderaan mereka mengalami kerosakan yang teruk. Saya melihat salah seorang pemandu membayar wang pemandu yang lain. Selepas itu, mereka berjabat tangan dan membawa kenderaan mereka ke bengkel kedai kereta supaya mereka dapat memperbaiki kenderaan yang rosak. Kedua-dua pemandu meminta maaf dan mereka saling memaafkan.

by: Samitha Thavanayagam

Hari itu hari Selasa, cuaca cukup sejuk kerana saya tidak mandi. Pada pagi itu saya bersarapan dengan keluarga saya di meja makan. Selepas itu emak saya mengajak saya menemaninya ke pasar pagi. Semasa kami menuju ke pasar pagi, saya ternampak sebuah lori kontena menuju dengan laju.

Tiba-tiba, lori yang dipandu dengan laju itu telah merempuh sebuah kereta yang datang arah bertentangan. Kemalangan ngeri ini menyebabkan empat sekeluarga itu terbunuh di tempat kejadian. Pemandu lori itu pula mengalami kecederaan yang parah. Kereta mangsa juga hangus terbakar akibat kemalangan tersebut.

Mangsa-mangsa kemalangan telah dibawa ke Hospital. Kemalangan ini telah menyebabkan kesesakan jalan raya yang teruk sebelum anggota polis trafik datang untuk mengawal lalu lintas. Pihak bomba turut membantu memadamkan api yang telah memusnahkan keseluruhan lori dan kereta itu.

Selepas melihat kemalangan tersebut ibu pula teguh kepada saya agar sentiasa berhati-hati di jalan raya. Kita juga perlu pemandu kenderaan juga perlu membuat pemeriksaan terhadap kenderaan masing-masing untuk mengelakkan tragedi di jalan raya.

by: Tang Zhan Yan



Aloysius Tan



Image Manipulation & Layering

Students learnt to create layers that can play an important role in art post-production. They separated parts of the image and edit them without affecting other parts of the image.

Jin Xen Khow



Maximus Deloria



Kwa Jia Hang



Converting the image layers to a Smart Object allows the artist to move the new image around, edit it, and resize it without affecting the resolution of the original image.

Nur Qaseh



Natalie Hew



Qing Wong



Qiao Jie



YEAR 10:LITERATURE

MOOR OF OTHELLO

Discuss how Shakespeare explores jealousy in the play, Othello

They exchange deep, intense love and can't imagine spending a minute apart. Their bond is so strong that they would give up everything for each other. Well, does that "everything" include their lives?

This is exactly what happened between Othello, the Moor, and his wife Desdemona, all because of a green eyed monster called "Jealousy."

In one of Shakespeare's most dark and devastating tragedies, the once blissful and pristine love between Othello and Desdemona moves into a twisted, suspicion laden poison that envelopes Othello's very being, all because of the evil incarnate Iago.



THE GREEN EYED MONSTER!

Battling Jealousy

MOOR OF OTHELLO

Year 10 Literature



Iago harbours a deep animosity and jealousy for the noble Moor who revealed to Othello that his lieutenant, Cassio, has been cheating on his wife. While all of this was going on, Iago manages to track down a priceless handkerchief that Othello had given to Desdemona as a sign of his love for her, implying that it's in Cassio's room which is proof of the affair. However, in the end, Othello strangled his wife, Desdemona, who had been completely innocent all along. Othello murders himself in a frenzy of contrition and remorse. Lakshman Nair

The theme of jealousy occurred between Othello and Desdemona, when Othello was informed that Desdemona had been cheating on him. Othello and Desdemona's love each other, despite what others say about their age gap and race. Othello had always put his trust in Desdemona but their relationship fell apart when Othello was filled with jealousy after believing that Desdemona had cheated on him with his lieutenant, Cassio. Filled with jealousy and frustration, Othello eventually killed Desdemona and became what others say, the devil. Lau Chu Shi

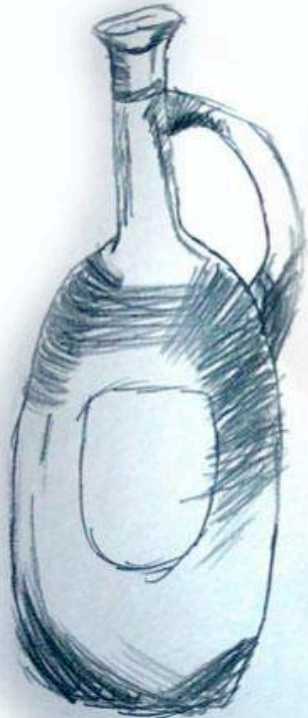
The word 'jealousy' refers to Othello because he was hypnotised by his honest standard-bearer (Iago) to think that his loyal and faithful wife who is inseparable with Othello is cheating on him with Cassio. However, Othello doesn't know that Iago treated him nicely because he was planning to take revenge on him since he suspects Othello had once slept with his wife (Emilia). Wong Yee Yao



YEAR 11 ART & DESIGN

Assessment Objective 01 Component-1

Tiffany Woo Yan Tong

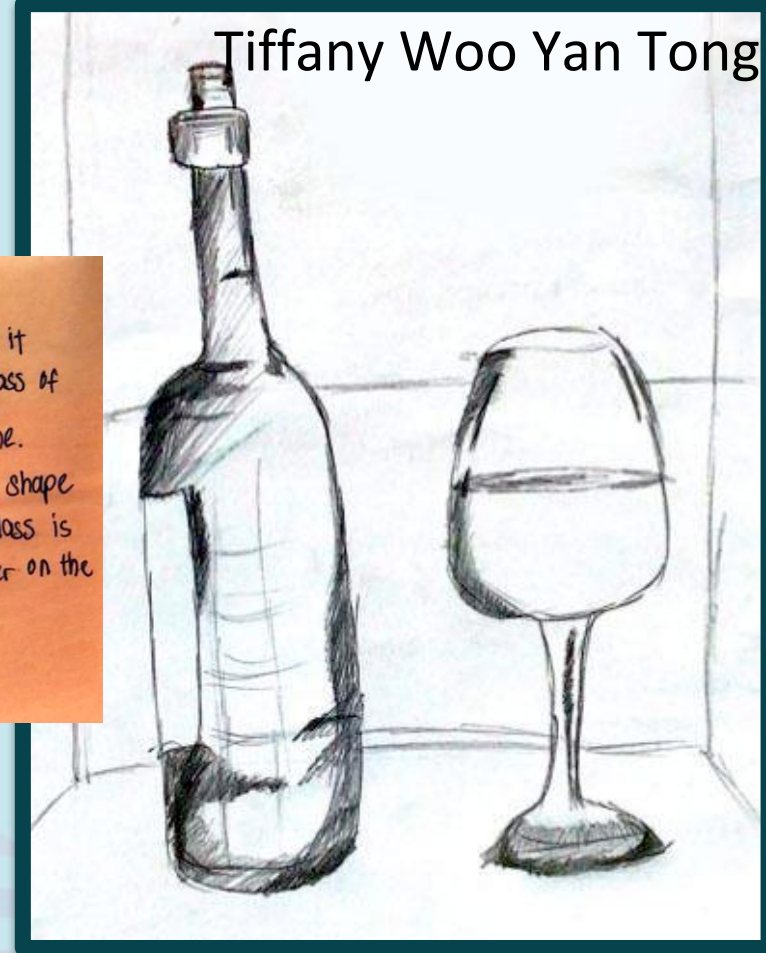


This wine bottle is quite small since the half top of the bottle is thin and the bottom is oval. It is short but the capacity of wine is quite a lot. This wine bottle comes with a handle at the side.

wine bottle

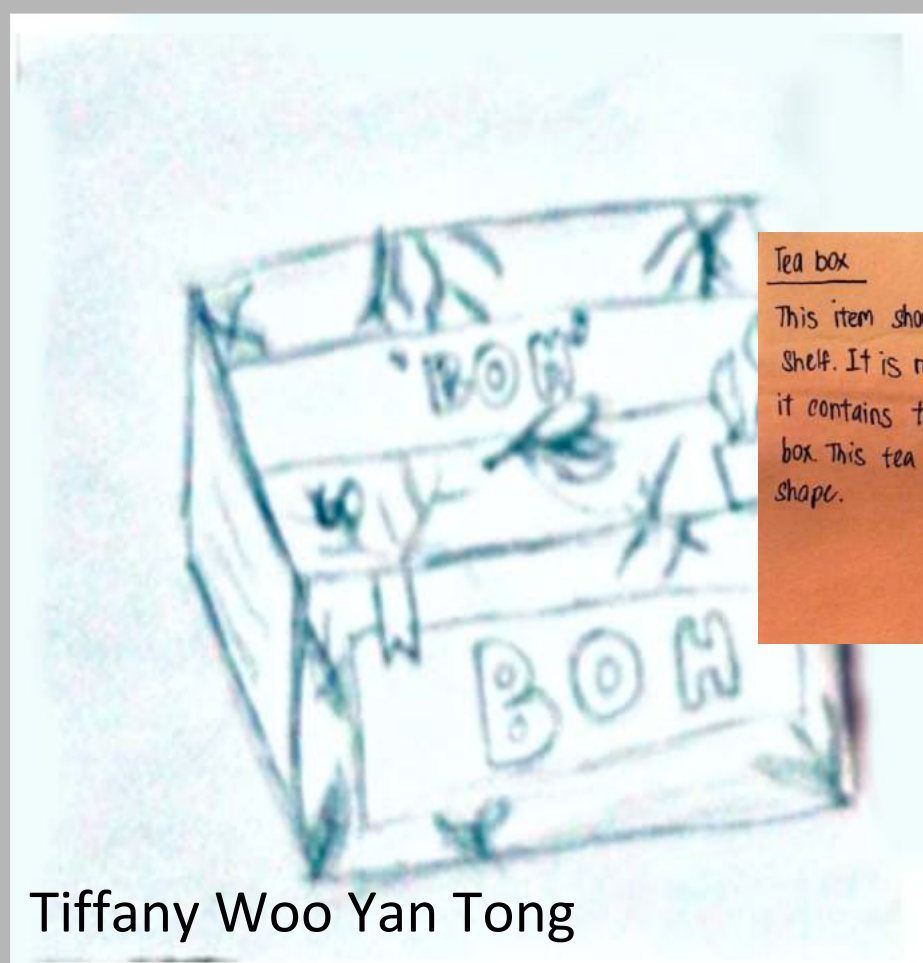
I drew this wine bottle as if it was on the shelf itself with a glass of wine beside the bottle of wine. The wine is a tall cylinder shape but thinner at the top. The glass is wider on the top and thinner on the bottom.

Tiffany Woo Yan Tong



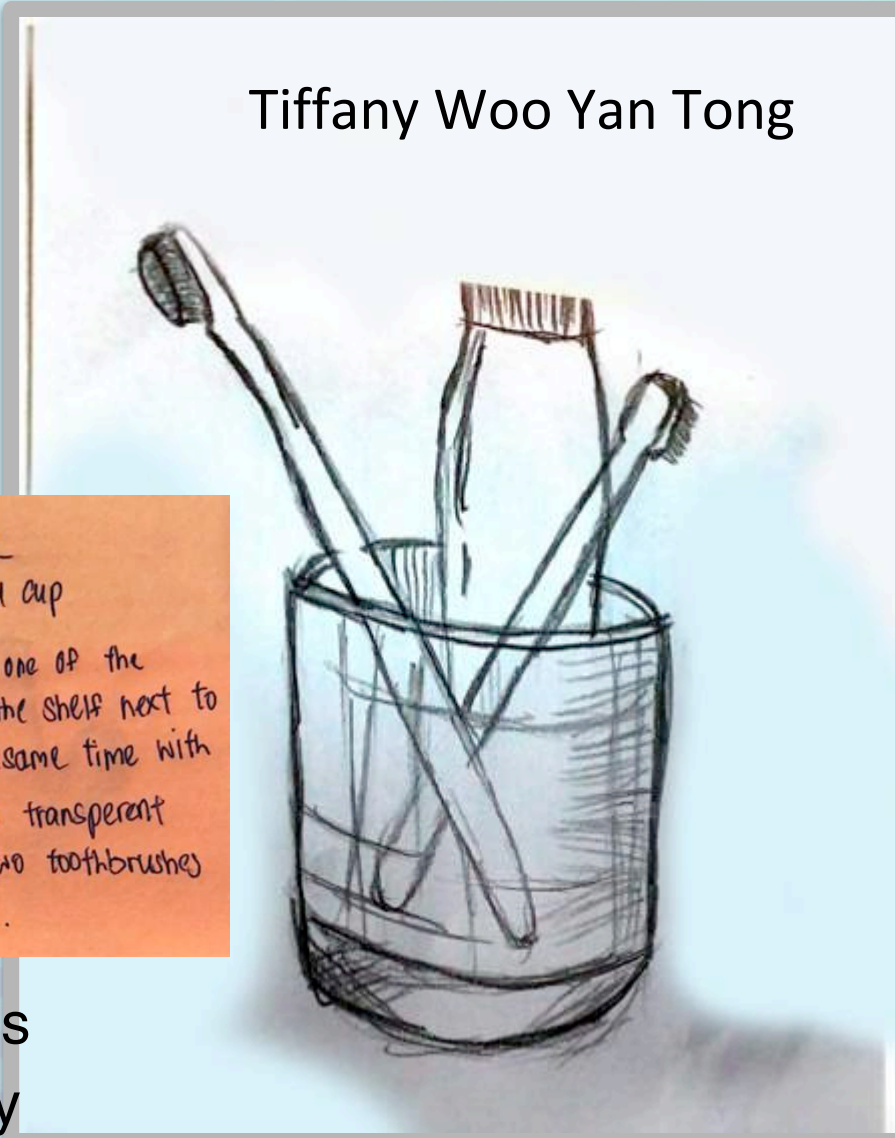
Observational Drawing

Students learn to record ideas, observations and insights regarding their intentions as their work progresses.



Tea box
This item should on a Kitchen Shelf. It is red coloured box and it contains teabags inside the box. This tea box is in a rectangle shape.

Bathroom accessories
↳ Toothbrush and cup
Toothbrushes can be one of the item to put on the shelf next to our mirror. At the same time with a cup. This cup is transparent and it include two toothbrushes and a toothpaste.



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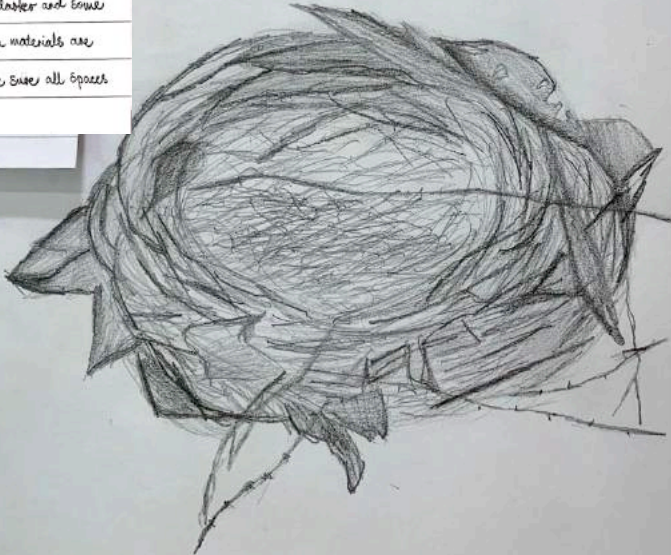
Tiffany Woo Yan Tong

Observational Drawing

Students practise their skills in drawing what is in front of them in real time and as realistically as possible to capture the essence and structure of the image.

This is a bird nest that was found in one of the plants in my garden as a shelter for the baby birds to reside in and keep warm. I only used pencil for this sketch which I found quite challenging to replicate because of messy texture created by the branches, twigs and leaves. I tried to replicate the texture using scribbled lines so it looked like the arrangement of the branches and sticks. I also made the lines darker and some lighter to create depth. Since the materials are very bundled up, I needed to make sure all spaces were filled with lines.

was filled with lines.



I found a picture of a homeless person sleeping on the internet and a blanket is being used as a shelter in this case, to shield the person away from the cold. I used pencil to simulate the texture of the blanket which is smooth so it was easier to sketch, but hard part was trying to shade the creases of the blanket because there were many of them and sometimes I cannot get the tonal value right to accentuate the creases. There were no specific shapes in this sketch but these were mostly lines because of the creases.



Jesslyn Ho Pei Shuan

Work Annotations

Students practise their skills in using vocabulary relevant to the subject and showing an interest in, and a critical awareness of, other practitioners, environments and cultures

Pastoral Care Article

Good Enough Parenting Series: Part 3 -Surrender

Summary of part 1 & 2

If the core emotional needs are not met, children will internalize these frustrating and painful experiences and struggle to cope, which then leads to “lifetraps”; a distorted our view about ourselves and others. When our core emotional needs are not met as children, we get exasperated and subconsciously develop a way to cope with the pain of the unmet need. We bring these coping styles into our adult life; they may appear to lessen the pain in the moment, but invariably they perpetuate or intensify the lifetraps in the long run and leave our deeper needs unmet. There are three unhealthy ways people cope when their lifetraps are triggered: **surrender, avoidance, or overcompensation**

SURRENDER

The surrender coping style is based on a fear of what we believe is the truth the lifetraps tells about us. The message of this coping style is:

“What my lifetraps is telling me about myself is true and I am powerless to change it.”

Children with the surrender coping style believe in their own distorted diminished view of themselves. They then act in ways to confirm this distorted view. If a father says something rude, for example, that the child is ugly or stupid, the child agrees with him in her heart—she really believes that she is stupid. They tend to blame themselves. The voice in their heads says, **“It is my fault.”**

There are many other types of toxic experiences to which children surrender (e.g. deprivation and neglect, being excluded from a group, physical abuse) and each leads to its own pattern of beliefs, feelings and behaviors.

Surrendering types usually:

- Feel inferior to others
- Accept all criticism
- Look for events to confirm “it is their fault”
- Put the needs of others before their own.

Examples of surrender behavior

- Giving in to others during arguments
- Being overly apologetic
- Keeping rules compliantly
- Being drawn to others who are more confident.



Sport House Points

Total: 599

**Merit Points for
the week: 203**



Total: 961

**Merit Points for
the week: 286**



Total: 653

**Merit Points for
the week: 204**



Total: 778

**Merit Points for
the week: 208**

